



April Offer 2024

Relax with Results (45 Minutes)

A 'Skin Formulas' prescriptive lactic peel treatment
Ideal for first time peel users and suitable for even sensitive skin.

Using a very effective lactic acid to gently refine and hydrate the
skin. An incredible facial treatment that brings together results
and relaxation.

Access to Steam Room, Sauna & Outdoor Hot Tubs

All for just €85/person

NÁDÚR

Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry
Tel: 066 7144560 | Email: spa@ballygarry.com | www.ballygarry.com



May Offer 2024

'Fruity Summer Glow Treat'

(60 Minutes)

A Zesty Grapefruit & Raspberry Full Body Scrub
with a Lime & Mandarin Moisturisation
followed by a Hydrating Hair & Scalp Treatment.

Access to Sauna & Outdoor Hot Tub.

All for just €115/person

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June Offer 2024

(90 Minutes)

Choose either -

60mins Grounding Full Body Massage &
30mins Awakening Facial

OR

60mins Awakening Facial &
30mins Grounding Back Massage

Access to the Thermal Suite
& Two Course Lunch in the Brasserie

All for just €160/person

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