



May Offer 2025

BIOME Facial (60mins)

The BIOME Facial uses probiotic-rich plant nutrition, lymphatic drainage, and therapeutic massage techniques to calm inflammation, reinforce the skin barrier, and promote long-term healthy skin.

Access to Steam room, Sauna & Outdoor Hot Tub

All for just €125 per person

NÁDÚR

Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry
Tel: 066 7144560 | Email: spa@ballygarry.com | www.ballygarry.com



June Offer 2025

60mins Freestyle Full Body Massage &
30mins Botanical Facial

OR

60mins Botanical Facial &
30mins Freestyle Back Massage

Access to Steam room, Sauna & Outdoor Hot Tub
& Two Course Lunch in the Brasserie

All for just €170 per person

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July Offer 2025

'Heart & Sole' (75 Minutes)

Begin with an invigorating Leg & Foot Treatment including a pressure point massage & nourishing foot mask followed by Hydrating Mini Facial & Scalp Massage.

*Access to Sauna & Outdoor Hot Tub
(Option to add Two Course Lunch in the Brasserie for €25/pp)*

All for just €145/person

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