



# June Offer 2025

60mins Freestyle Full Body Massage &  
30mins Botanical Facial

**OR**

60mins Botanical Facial &  
30mins Freestyle Back Massage

Access to Steam room, Sauna & Outdoor Hot Tub  
& Two Course Lunch in the Brasserie

**All for just €170 per person**

NÁDÚR

Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry  
Tel: 066 7144560 | Email: [spa@ballygarry.com](mailto:spa@ballygarry.com) | [www.ballygarry.com](http://www.ballygarry.com)





# July Offer 2025

## **'Heart & Sole'** **(75 Minutes)**

*Begin with an invigorating Leg & Foot Treatment including a pressure point massage & nourishing foot mask followed by Hydrating Mini Facial & Scalp Massage.*

*Access to Sauna & Outdoor Hot Tub  
(Option to add Two Course Lunch in the Brasserie for €25/pp)*

**All for just €145/person**

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# August Offer 2025

## Ocean Dreams (75 Minutes)

*A 75mins Voya Deluxe Facial incorporating  
a brightening Marine Eye Treatment with a  
Relaxing Hand & Arm Massage*

**All for just €145/person**

*Access to Sauna & Outdoor Hot Tub*

*Upgrade? Include a 30-minute Outdoor Seaweed Soak to your  
experience for an additional €50  
(subject to availability)*

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