

September Offer 2025

Honey Heaven (75 Minutes)

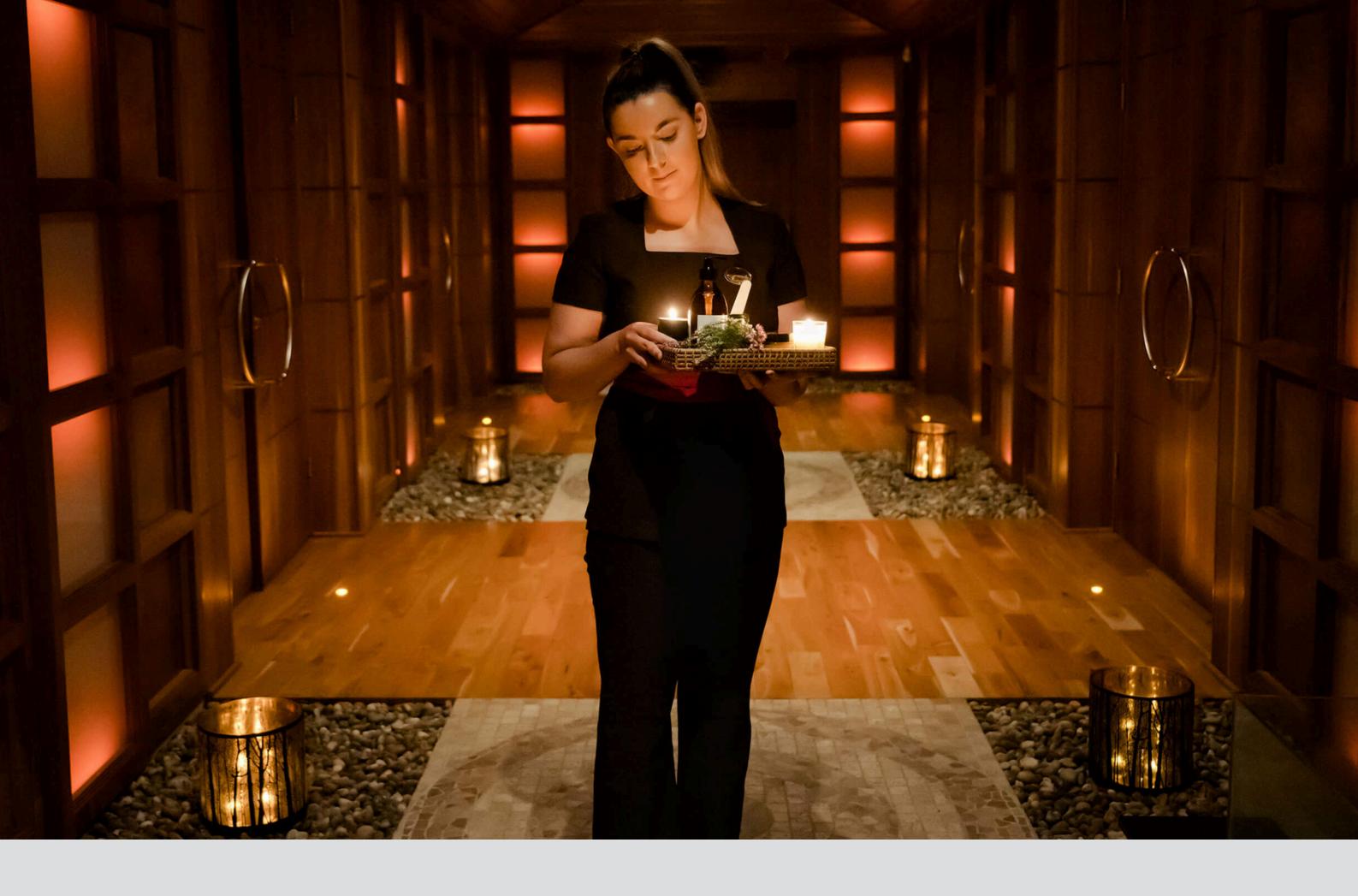
Honey Butter Back Massage, Enveloped in a Propolis Body Wrap and completed with a warm honey face mask & scalp massage

60 min Access to Sauna & Outdoor Hot Tub & Two Course Lunch in the Brasserie

All for just €170/pp



Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry Tel: 066 7144560 | Email: spa@ballygarry.com | www.ballygarry.com



October Offer 2025

Stone & Spice Serenity (60 Minutes)

Sweet Pumpkin Body Scrub followed by Hot Stone Massage on Back & Shoulders with orange and clove infused oil

60 min Access to the Steam Room, Sauna & Outdoor Hot Tub

All for just €145/pp



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November Offer 2025

'The Power of Sound' – Back by popular demand! (75 Minutes)

During this ritual your therapist will open & close your treatment using specific sound therapy instruments that allow positive energy to flow freely using the Tibetan 'singing Bowls'.

Grounding Back Massage, enveloped into a Sleep-Inducing Body Wrap with Guasha Facial & Scalp Massage.

Two Course Lunch in The Brasserie 60min Access to the Steam Room, Sauna & Outdoor Hot Tub

All for just €165/pp



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