



February Offer 2026

Rose & Romance Ritual (60 Minutes)

Indulge in a deeply relaxing full-body massage featuring rose quartz mushroom stones.

The gentle pressure and healing energy of rose quartz help melt away tension, soothe sore muscles, and restore a sense of harmony throughout the body.

Two course lunch in the Brasserie

60 min Access to the Steam Room, Sauna & Outdoor Hot Tub

All for just €160/pp

Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry
Tel: 066 7144560 | Email: spa@ballygarry.com | www.ballygarry.com



March Offer 2026

Bloom with Bubbles (75 Minutes)

Experience ultimate relaxation with a full-body scrub, a radiance facial with gentle hand and arm massage, and a glass of prosecco to toast your glow.

60min Access to Steam room, Sauna & Outdoor Hot Tub

All for just €150/pp

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April Offer 2026

Spring Renewal Facial (60 Minutes)

The facial uses probiotic-rich plant nutrition, lymphatic drainage, and therapeutic massage techniques to calm inflammation, reinforce the skin barrier, and promote long-term fresh and healthy skin.

Two-course lunch in the Brasserie
60min Access to Steam room, Sauna & Outdoor Hot Tub

All for just €155/pp

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