



April Offer 2026

Spring Renewal Facial

(60 Minutes)

The facial uses probiotic-rich plant nutrition, lymphatic drainage, and therapeutic massage techniques to calm inflammation, reinforce the skin barrier, and promote long-term fresh and healthy skin.

Two-course lunch in the Brasserie

60min Access to Steam room, Sauna & Outdoor Hot Tub

All for just €155/pp

Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry
Tel: 066 7144560 | Email: spa@ballygarry.com | www.ballygarry.com



May Offer 2026

Glow & Gift Facial

(45 Minutes)

A 45mins personalised facial to restore your skin's natural glow, includes bespoke face mask and relaxing scalp massage.

Before leaving, you can choose a Voya facial product from our Gift Shelf so your glow continues at home.

60min Access to Steam Room, Sauna & Outdoor Hot Tub.

All for just €139/pp

Option to add a two-course lunch in The Brasserie (€25/pp)

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June Offer 2026

Core and Scalp Ritual (75 Minutes)

A gentle flowing back of the body massage, focusing on the backs of the legs and along the core central line of the back.

This is paired with a cooling scalp treatment using a jade green comb and a hydrating cream face mask.

Access to Steam Room, Sauna & Outdoor Hot Tubs

€150/person

NÁDÚR

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