



July Offer 2026

Tropical Dew Body Ritual (75 Minutes)

Begin with Coconut & Vanilla Body Polish followed by a soothing Cucumber & Aloe Vera Wrap, to calm and hydrate the skin.

While wrapped, enjoy a relaxing Pressure Point Scalp Massage.

Access to Steam Room, Sauna & Outdoor Hot Tubs

€175/person

Includes a two-course lunch in the Brasserie

NÁDÚR

Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry
Tel: 066 7144560 | Email: spa@ballygarry.com | www.ballygarry.com