



June Offer 2026

Core and Scalp Ritual (75 Minutes)

A gentle flowing back of the body massage, focusing on the backs of the legs and along the core central line of the back.

This is paired with a cooling scalp treatment using a jade green comb and a hydrating cream face mask.

Access to Steam Room, Sauna & Outdoor Hot Tubs

€150/person

NÁDÚR

Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry
Tel: 066 7144560 | Email: spa@ballygarry.com | www.ballygarry.com



July Offer 2026

Tropical Dew Body Ritual (75 Minutes)

Begin with Coconut & Vanilla Body Polish followed by a soothing Cucumber & Aloe Vera Wrap, to calm and hydrate the skin.

While wrapped, enjoy a relaxing Pressure Point Scalp Massage.

Access to Steam Room, Sauna & Outdoor Hot Tubs

€175/person

Includes a two-course lunch in the Brasserie

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August Offer 2026

Glow & Unwind Fusion (90mins)

Relax and recharge with this combo treat offering a soothing 30mins back massage paired with a 60mins bespoke facial.

Designed to melt away tension while restoring hydration and radiance to the skin.

Access to Steam Room, Sauna & Outdoor Hot Tubs

€175/person

Includes a two-course lunch in the Brasserie

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