



September Offer 2026

Bee Bliss Ritual (75 mins)

A full body ritual inspired by the healing powers of honey and propolis from our onsite apiary.

Begin with a dry brush exfoliation followed by an application of warm honey butter balm to the full body to deeply nourish the skin. Then lightly cocooned before enjoying a mini facial which includes a warm honey face mask & relaxing scalp massage to leave you feeling radiant and replenished.

Access to Steam Room, Sauna & Outdoor Hot Tubs

€155/person

option to add two course lunch for €25/pp

NÁDÚR

Nádúr Spa | Ballygarry Estate Hotel & Spa | Leebrook | Tralee | Co Kerry

Tel: 066 7144560 | Email: spa@ballygarry.com | www.ballygarry.com